



Bio for Eric Pennington

Eric Pennington is the Founder and Chief Idea Spreader of Epic Living, LLC (www.epicliving.com), a leadership development organization that helps organizations and individuals discover their leadership, management and personal growth potential. The group accomplishes its objectives via one-to-one coaching, consulting and workshop discovery sessions. Eric has over fifteen years of practical management and leadership experience inside Fortune 500 and charitable organizations. Some of those organizations include Bank One, Huntington National Bank, The Gathering and Grace Brethren Fellowship.

Epic Living was founded by Eric in 2005 and was born out of a vision to change the lives of those working in corporate America. Eric's experience is as varied as pastoral speaking and workshop processes, to host/master of ceremony duties. He is an idea spreader of the highest form. All communications (speaking, writing or guiding) are specific portals for spreading the ideas of awakening and higher performance in corporate America.

To further expand his idea reach, Eric authored the book *Waking Up In Corporate America: The Seven Secrets That Opened My Eyes* in January of 2008. The book is a field guide for those navigating a career in corporate America. The book unlocks seven secrets that Eric learned, experienced and taught over a 15 + year career.

The following are a couple of notes of praise for Eric and his work:

“A powerful book...Waking Up In Corporate America renews my hope in what one person can do to change their world for the better. Eric's experiences in Corporate America are not only relevant, but timely.”

-Marshall Goldsmith, author of the NY Times bestseller *What Got You Here Won't Get You There*

Eric simply possesses a drive and passion for helping leaders lead. His tools and techniques are simple - but his delivery is what makes leaders receive and apply his techniques in manner that is welcome to those that follow the leader. Passion, integrity, and perseverance....need I say more.”

-Jim Kaminski, Director of Continuous Improvement, Limited Brands

Eric is also the author of the Epic Living Blog (http://epicliving.blogs.com/epic_living/) and has written numerous national and regional articles. He is a member of the National Speakers Association and the Leader to Leader Institute. Eric brings authentic passion to organizations and people through his speaking, writing, and teaching. Audiences walk away changed and connected to their better future.

